



# 16-1 Black

## Tryout Information

### **U16 Main Tryout**

- Date – Sunday, Nov. 13<sup>th</sup>
- Location – Glover Middle School
- Registration Starts – 4:30 pm
- Tryout Time – 5:30-7:30 pm
- Cost - \$15 or \$10 if pre-registered

### **U16 Makeup Tryout**

- Date – Friday, Nov. 18<sup>th</sup>
- Location – Glover Middle School
- Registration Starts – 7:00 pm
- Tryout Time – 7:30-9:30 pm
- Cost – \$15 or \$10 if pre-registered

### **What to bring to tryouts?**

- Water bottle
- USAV Tryout Form
- Spokane Sky Tryout Form
- Tryout fee

## Team Fees

The team fee includes warm-ups but not player travel, or hotel costs. If the team does not utilize its full tournament budget, the families will be reimbursed at the end of the season. The fees listed below are approximate and may be adjusted later +/- \$50.00 in correction of gym, tournament, and uniform cost estimates.

<u>Number of players</u>	<u>Cost</u>
9	\$ 1390.00
10	\$ 1275.00
11	\$ 1180.00

## Contact Us

Website – [www.spokaneskyvbc.com](http://www.spokaneskyvbc.com)

Mark Springer – Club Director

- Cell 509-879-0919
- Email [spokaneskyvbc@gmail.com](mailto:spokaneskyvbc@gmail.com)

Elizabeth Steinmark – 16-1 Head Coach

- Home 509-276-1223
- Email [bears1931@netzero.net](mailto:bears1931@netzero.net)

## ELIZABETH STEINMARK – U16 HEAD COACH

Elizabeth's passion for the sport of volleyball spans over 20 years. She began her coaching career 8 years ago as a middle school coach before becoming the Freshmen coach at Roger's High School. Currently she is the JV coach at Northwest Christian High School as well as the middle school coach. This will be her 5th year with Spokane Sky.

## AMY GOLDMAN – U16 ASSISTANT COACH

Amy has been playing volleyball for 16 years that included high school, club and 4 years at Azusa Pacific University in southern California. She has 5 years of coaching club: Northwest Christian High School club, Eclipse and 3 years with Spokane Sky at 14s, 16s and 18s. Amy looks forward to watching the young women that she gets to coach grow and learn the sport that she loves so much.

## OUR COACHING PHILOSOPHY

We believe whole-heartedly in the inner and outer athlete. Amy and I strive to build a strong fundamental base through skills development while promoting character through sportsmanship. Mentoring young female athletes is equally as important to us as the sport itself.

"I can do all things through him who gives me strength." Phillipians 4:13

## WHERE AND WHEN WE PRACTICE...

We practice twice a week with one practice at Garry Middle School on Wednesdays from 7:30-9:30 pm and the second practice at Shaw Middle School on Thursdays from 7:30-9:30 pm.

## TOURNAMENTS & POST-SEASON PLAY

We plan in playing in 10 tournaments to include the President's Day Tournament in Seattle, PNQ and the Emerald City Classic in Seattle. We also plan to play in several U18 tournaments as well as the major U16 tournaments within our region.

## WHY SHOULD I TRY OUT FOR THIS TEAM?

Through the years Amy and I have coached many girls, several of which we are still in contact with today. We believe in each player as not only an athlete, but as a young woman who is more than a sport. We know that you have many clubs to choose from, we appreciate your consideration of our team.

Players who will attend Northwest Christian High School may not tryout for this team because of WIAA restrictions for high school coaches.



Spokane Sky VBC – PO Box 31022 – Spokane, WA 99223