



# 18-1 Black

## Tryout Information

### U18 Main Tryout

- Date – Sunday, Nov. 13<sup>th</sup>
- Location – Glover Middle School
- Registration Starts – 1:00 pm
- Tryout Time – 2:30-2:00 pm
- Cost - \$15 or \$10 if pre-registered

### U18 Makeup Tryout

- Date – Friday, Nov. 19<sup>th</sup>
- Location – Glover Middle School
- Registration Starts – 6:30 pm
- Tryout Time – 7:30-9:30 pm
- Cost – \$15 or \$10 if pre-registered

### What to bring to tryouts?

- Water bottle
- USAV Tryout Form
- Spokane Sky Tryout Form
- Tryout fee

## Team Fees

The team fee includes warm-ups but not player travel, or hotel costs. Retuning players who don't need warm-ups will be credited for that cost. If the team does not utilize its full tournament budget, the families will be reimbursed at the end of the season. The fees listed below are approximate and may be adjusted later +/- \$50.00 in correction of gym, tournament and uniform cost estimates.

<u>Number of players</u>	<u>Cost</u>
9	\$1260.00
10	\$1155.00
11	\$1075.00

## Contact Us

Website – [www.spokaneskyvbc.com](http://www.spokaneskyvbc.com)

Mark Springer – Club Director

- Cell 509-879-0919
  - Email [spokaneskyvbc@gmail.com](mailto:spokaneskyvbc@gmail.com)
- Heather Zorrozuza– U18 Head Coach
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## HEATHER ZORROZUA– U18 HEAD COACH

I started playing volleyball in the sixth grade and have played for over 10 years at many different levels. I played majority of my volleyball years in California but was brought to Washington to play at Gonzaga University in 2004. I started and played for four years before graduating in 2008. During this time I coached for Spokane Storm. I coach the 12's team for two years, 14's and assisted at the 18's level for two years. Since I graduated I have played in recreation adult leagues as my work schedule did not permit coaching until now! I am happy to have the

## KEVA HUMBERT – U18 ASSISTANT COACH

I attended high school at Gonzaga Prep and became a middle hitter my freshman year where we had an undefeated season. I played on varsity sophomore through senior years and was the team captain my senior year where we achieved second in the state tournament. I played my first two years of club for Performance and the next three years for Splash VBC. I attended Eastern Washington University on a full ride four year scholarship ('01-'04) and was awarded numerous allocates during my career most notable of which was Big Sky Conference MVP in 2004. I have been an assistant club coach or Splash VBC (15's) and a head coach for East Valley VBC (16's).

## MY COACHING PHILOSOPHY

A large part of success in the sport of volleyball, in my opinion, is the practice and focus on fundamentals and effective communication. Without fundamental the games tend to get lost. When these two concepts come together on the court the art of volleyball is created. I tend to focus practice on the basics and tournaments on what we have learned through our weekly practice. I will work to focus this season on the fundamentals and effective communication in an effort for the young women to enjoy themselves and become successful throughout the season.

## WHERE AND WHEN WE PRACTICE...

We practice twice a week for two hours each practice. We practice at Bemiss Elementary School from 7-9 pm on Monday and at 7-9 pm on Wednesday.

## TOURNAMENTS & POST-SEASON PLAY

Look for us at the Seattle President's Day Tournament, the Pacific Northwest Qualifier, and the Emerald City Classic. We are open to playing outside the region if we have a team that wants to travel.